

SF · SUMMER 2025 · ADULT TENNIS CLASSES

Goldman Tennis Center · 50 Bowling Green Dr. San Francisco · Office (415) 581 - 2540

Registration Opens Tuesday, April 22nd @1pm · 6-week sessions · Age 16Y+ · Ratio = players per court

Register on CourtReserve: <https://app.courtreserve.com/Online/Portal/Index/12465>

Registration & Refund Policy: goldmantenniscenter.com/registrations-refunds

Inclement Weather Policy: goldmantenniscenter.com/tennis/inclement-weather-policy

OPT IN to Push / Email notifications for updates regarding class cancellations

Beginning: Learn the basics, play fun games, and start enjoying tennis!

*No Class Mon 6/30 (5 weeks) | ** No class Fri 7/4 (5 weeks)

DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES
MON	7:1	5:30pm-6:50pm	6/2-7/7*	\$210	\$231	7/14-8/18	\$252	\$278
MON	7:1	7:00pm-8:20pm	6/2-7/7	\$252	\$278	7/14-8/18	\$252	\$278
THURS	7:1	7:00pm-8:20pm	6/5-7/10	\$252	\$278	7/17-8/21	\$252	\$278
THURS	7:1	8:30pm-9:50pm	6/5-7/10	\$252	\$278	7/17-8/21	\$252	\$278
FRI	7:1	8:30pm-9:50pm	6/6-7/11**	\$210	\$231	7/18-8/22	\$252	\$278
SAT	7:1	2:40pm-4:00pm	6/7-7/12	\$252	\$278	7/19-8/23	\$252	\$278
SAT	7:1	7:10pm-8:30pm	6/7-7/12	\$252	\$278	7/19-8/23	\$252	\$278
SUN	7:1	4:10pm-5:30pm	6/8-7/13	\$252	\$278	7/20-8/24	\$252	\$278

Advanced-Beginning: Improve your technique, consistency, and ball control through drills and point play simulations.

* No class Fri 7/4 (5 weeks)

DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES
MON	7:1	8:30pm-9:50pm	6/2-7/7	\$252	\$278	7/14-8/18	\$252	\$278
TUES	7:1	7:00pm-8:20pm	6/3-7/8	\$252	\$278	7/15-8/19	\$252	\$278
WED	7:1	8:30pm-9:50pm	6/4-7/9	\$252	\$278	7/16-8/20	\$252	\$278
THURS	7:1	5:30pm-6:50pm	6/5-7/10	\$252	\$278	7/17-8/21	\$252	\$278
FRI	7:1	8:30pm-9:50pm	6/6-7/11*	\$210	\$231	7/18-8/22	\$252	\$278
SAT	7:1	2:40pm-4:00pm	6/7-7/12	\$252	\$278	7/19-8/23	\$252	\$278
SAT	7:1	5:40pm-7:00pm	6/7-7/12	\$252	\$278	7/19-8/23	\$252	\$278
SUN	7:1	2:40pm-4:00pm	6/8-7/13	\$252	\$278	7/20-8/24	\$252	\$278

Intermediate: Improve stroke technique and consistency. Develop advanced movement and offensive techniques. NTRP 2.0-2.5

*No Class Wed 7/2 (5 weeks) | ** No class Fri 7/4 (5 weeks)

DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES
MON	7:1	7:00pm-8:20pm	6/2-7/7	\$252	\$278	7/14-8/18	\$252	\$278
MON	7:1	8:30pm-9:50pm	6/2-7/7	\$252	\$278	7/14-8/18	\$252	\$278
TUES	7:1	8:30pm-9:50pm	6/3-7/8	\$252	\$278	7/15-8/19	\$252	\$278
WED	7:1	5:30pm-6:50pm	6/4-7/9*	\$210	\$231	7/16-8/20	\$252	\$278
THURS	7:1	7:00pm-8:20pm	6/5-7/10	\$252	\$278	7/17-8/21	\$252	\$278
FRI	7:1	5:30pm-6:50pm	6/6-7/11**	\$210	\$231	7/18-8/22	\$252	\$278
SAT	7:1	4:10pm-5:30pm	6/7-7/12	\$252	\$278	7/17-8/21	\$252	\$278
SUN	7:1	1:10pm-2:30pm	6/8-7/13	\$252	\$278	7/20-8/24	\$252	\$278
SUN	7:1	5:40pm-7:00pm	6/8-7/13	\$252	\$278	7/20-8/24	\$252	\$278

Advanced: Work on more advanced footwork, develop spin, power and depth control. NTRP 3.0+

*No Class Tue 7/1 (5 weeks)

DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES
TUES	7:1	5:30pm-6:50pm	6/3-7/8*	\$210	\$231	7/15-8/19	\$252	\$278
TUES	7:1	8:30pm-9:50pm	6/3-7/8	\$252	\$278	7/15-8/19	\$252	\$278
WED	7:1	7:00pm-8:20pm	6/4-7/9	\$252	\$278	7/16-8/20	\$252	\$278
THURS	7:1	8:30pm-9:50pm	6/5-7/10	\$252	\$278	7/17-8/21	\$252	\$278
SUN	7:1	4:10pm-5:30pm	6/8-7/13	\$252	\$278	7/20-8/24	\$252	\$278

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Inclement Weather Policy: goldmantenniscenter.com/tennis/inclement-weather-policy · Opt in to Push / Email notifications to receive class updates

Cardio Tennis: An action-packed, fun-filled workout that gets your heart pumping and leaves the treadmill in the dust!

* No class Fri 7/4 (5 weeks)

DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES
WED	5:1	4:00pm-5:20pm	6/4-7/9	\$356	\$391	7/16-8/20	\$356	\$391
FRI	5:1	5:30pm-6:50pm	6/6-7/11*	\$297	\$326	7/18-8/22	\$356	\$391

Serve & Return: Master the art of powerful serves and precise returns with a focus on technique and strategy.

DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES
THURS	5:1	4:00pm-5:20pm	6/5-7/10	\$356	\$391	7/17-8/21	\$356	\$391
SUN	5:1	7:10pm-8:30pm	6/8-7/13	\$356	\$391	7/20-8/24	\$356	\$391

Drill & Play: Groove your strokes, play point simulations, and get your reps in this action-packed class! NTRP 2.5+

**No Class Tue 7/1 (5 weeks)

DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES
MON	5:1	5:30pm-6:50pm	6/2-7/7	\$356	\$391	7/14-8/18	\$356	\$391
TUES	5:1	4:00pm-5:20pm	6/3-7/8**	\$297	\$326	7/15-8/19	\$356	\$391
THURS	5:1	5:30pm-6:50pm	6/5-7/10	\$356	\$391	7/17-8/21	\$356	\$391
SAT	5:1	5:40pm-7:00pm	6/7-7/12	\$356	\$391	7/19-8/23	\$356	\$391
SUN	5:1	7:10pm-8:30pm	6/8-7/13	\$356	\$391	7/20-8/24	\$356	\$391

Live Ball & Doubles Strategy: Fast, fun doubles games that make you sweat, smile, and level up! NTRP 3.0+

DAY	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES
TUES	5:1	5:30pm-6:50pm	6/3-7/8	\$356	\$391	7/15-8/19	\$356	\$391
SAT	5:1	7:10pm-8:30pm	6/7-7/12	\$356	\$391	7/19-8/23	\$356	\$391

Round Robin Drop-in: Registration will open at 1pm one week in advance of each class.

DAY	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES
WED	8:30pm-9:50pm	6/4-7/9	\$30 per class	\$33 per class	7/16-8/20	\$30 per class	\$33 per class
SAT	4:10pm-5:30pm	6/7-7/12	\$30 per class	\$33 per class	7/19-8/23	\$30 per class	\$33 per class
SUN	5:40pm-7:00pm	6/8-7/13	\$30 per class	\$33 per class	7/20-8/24	\$30 per class	\$33 per class

NTRP Tennis Classes: Perfect for those looking to succeed at their current NTRP level or are eager to level up. | ★ Director approval required

4.0+ & 4.5+ Approval Request Form (opens 4/23 @1pm): <https://www.cognitofrms.com/LifetimeActivitiesInc/NTRP4045ApprovalApplication>

* No class Fri 7/4 (5 weeks)

DAY	NTRP	RATIO	TIME	SESSION I	\$ RESIDENT	\$ NON-RES	SESSION II	\$ RESIDENT	\$ NON-RES
SAT	3.0	7:1	1:10pm-2:30pm	6/7-7/12	\$252	\$278	7/19-8/23	\$252	\$278
WED	3.5	7:1	7:00pm-8:20pm	6/4-7/9	\$252	\$278	7/16-8/20	\$252	\$278
FRI	3.5	7:1	7:00pm-8:20pm	6/6-7/11*	\$210	\$231	7/18-8/22	\$252	\$278
SAT	3.5	7:1	1:10pm-2:30pm	6/7-7/12	\$252	\$278	7/19-8/23	\$252	\$278
TUES	4.0+ ★	5:1	7:00pm-8:20pm	6/3-7/8	\$356	\$391	7/15-8/19	\$356	\$391
FRI	4.0+ ★	5:1	7:00pm-8:20pm	6/6-7/11*	\$297	\$326	7/18-8/22	\$356	\$391
SUN	4.0+ ★	5:1	1:10pm-2:30pm	6/8-7/13	\$356	\$391	7/20-8/24	\$356	\$391
TUES	4.5+ ★	5:1	7:00pm-8:20pm	6/3-7/8	\$356	\$391	7/15-8/19	\$356	\$391
FRI	4.5+ ★	5:1	7:00pm-8:20pm	6/6-7/11*	\$297	\$326	7/18-8/22	\$356	\$391
SUN	4.5+ ★	5:1	1:10pm-2:30pm	6/8-7/13	\$356	\$391	7/20-8/24	\$356	\$391